"Just FACTS"



SBCCD Police & Emergency Management News

May 1, 2020 Volume 6, Issue 5

Safety Escorts:

At night, the SBCCD PD is here to assist you with getting to your car safely. If you're in need of a safety escort, call us at (909) 384-4491

CAMPUS INFORMATION SBVC & CHC

Parking Controls BP/AP 6750 (F) (5)

Parking stalls marked "visitor" are solely for visitors and may be governed by time limits. Students and employees are prohibited from parking in these stalls.

SBVC Campus Resources

Campus Police

 Located in Campus Center RM 100
 Non-Emergency Phone Number (909) 384-4491

Student Health Services

- NW Corner of parking Lot #8
- behind Football Field
 Appointments & Questions (909) 384-4495

Campus Resources www.valleycollege.edu

IN CASE OF EMERGENCY DIAL 911

CHC Campus Resources

Campus Police

- Location CNTL 165
- Non-Emergency Phone Number (909) 389-3275

Health & Wellness Center

- > SSB RM 101
- Appointments & Questions (909) 389-3272

Campus Resources www.craftonhills.edu

IN CASE OF EMERGENCY DIAL 911

SBCCD Police is available 24 hours / 7 days a week at (909) 384-4491

For daily incidents reports and other crime information, go to the Police Web site: http://sbccd.org/police

MISSION STATEMENT

The SBCCD Police Department, in concert with the Board of Trustees, is committed to providing a safe and secure learning and working environment for all students and employees.

This will be accomplished through a cooperative and coordinated effort involving all departments and the SBCCD employees, law enforcement agencies and the community.

MAY IS MENTAL HEALTH MONTH

Mental Health And COVID-19. As the number of COVID-19 cases throughout California increase, so does the associated anxiety. For the general public, the mental health effects of COVID-19 are as important to address as are the physical health effects. And, for the one in five who already have mental health conditions — or the one in two who are at risk of developing them — we need to take personal and professional measures now to address them.

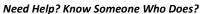
Outbreaks Can Be Stressful. The outbreak of COVID-19 may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. *Coping with stress will make you, the people you care about, and your community stronger.*

Stress during an infectious disease outbreak can include:

- ✓ Fear and worry about your own health and the health of your loved ones
- ✓ Changes in sleep or eating patterns and an increased use of alcohol, tobacco, or other drugs
- ✓ Worsening of mental health conditions

Ways To Cope With Stress? Take Care Of Your Body!

- √ Take breaks from watching, reading, or listening to COVID-19 news stories, including social Media, because hearing about the pandemic repeatedly can be upsetting
- ✓ Take deep breaths, stretch, or meditate and get plenty of sleep
- ✓ Try to eat healthy, well-balanced meals and avoid alcohol and drugs
- Exercise regularly, and connect with others. Talk with people you trust about how you are feeling



If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others:

- ✓ Call 9-1-1
- ✓ Call the <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> at (800) 985-5990 to speak with a crisis counselor immediately
- ✓ Text "TalkWithUs" to 66746 to connect with a trained <u>SAMHSA</u> crisis counselor

NEW ONLINE POLICE REPORTING SYSTEM

The <u>San Bernardino Community College District (SBCCD)</u> <u>Police Department (PD)</u> has launched a new <u>Online Police Reporting System</u>. This new system will allow you to submit a report immediately and print a copy of the police report free of charge. By using the SBCCD PD Online Police Reporting System, you can report incidents such as Campus Safety Issues, Harassing Phone Calls, Hit and Run accidents, Minor Vehicle Accidents, Identity Theft, Lost Property, Thefts, Traffic Complaints, Vandalism and Vehicle Burglary. However, you must first verify and confirm the following information to determine if the Online Police Reporting System is right for you and your situation:

- The incident is not an emergency
- The incident occurred at San Bernardino Valley College, Crafton Hills College, or another SBCCD affiliated property
- The incident did not occur on a State freeway
- There are no known suspects

If you are able to answer "yes" to all of the questions listed above, you can file a report online. If you answered "no" to any of the questions listed above, you should review the <u>"Frequently Asked Questions"</u> section.

Upon completion of the reporting process, you will:

- See the words "Your online police report has been submitted" which indicates your police report is complete
- Be given a police report case number
- Be able to print a copy of the police report to keep for your records

Please Note:

- $\bullet\,$ All cases filed using the Online Police Reporting System will be reviewed
- Upon review, if further investigation of your case is needed, you may be contacted
- Filing a false police report is a crime

If your incident is not listed in the category selection list, please call the SBCCD PD nonemergency line at (909) 384-4491 to file a report or dial 9-1-1 in case of an emergency.

Online Police Reporting System



IF THERE IS AN EMERGENCY, CALL 9-1-1

CHC

Case #	Reported	Criminal Offense/ Calls for Service	Location	Date(s)	Time(s)	Disposition
	4/1/20	No Incidents To Report		4/1/20		
20-0240	4/2/20	Incident	Central Complex	4/2/20	10:08pm	Report Taken
	4/3/30	No Incidents To Report		4/3/20		
	4/4/20	No Incidents To Report		4/4/20		
	4/5/20	No Incidents To Report		4/5/20		
	4/6/20	No Incidents To Report		4/6/20		
	4/7/20	No Incidents To Report		4/7/20		
	4/8/20	No Incidents To Report		4/8/20		
	4/9/20	No Incidents To Report		4/9/20		
	4/10/20	No Incidents To Report		4/10/20		
	4/11/20	No Incidents To Report		4/11/20		
	4/12/20	No Incidents To Report		4/12/20		
	4/13/20	No Incidents To Report		4/13/20		
	4/14/20	Suspicious Person	Lot D	4/14/20	3:24pm	Necessary Action Taken
	4/15/20	No Incidents To Report		4/15/20		
	4/16/20	No Incidents To Report		4/16/20		
	4/17/20	No Incidents To Report		4/17/20		
	4/18/20	Vehicle Check	Lot J	4/18/20	3:48pm	Subject Advised
	4/19/20	No Incidents To Report		4/19/20		
	4/20/20	No Incidents To Report		4/20/20		
	4/21/20	No Incidents To Report		4/21/20		
	4/22/20	No Incidents To Report		4/22/20		
	4/23/20	No Incidents To Report		4/23/20		
	4/24/20	No Incidents To Report		4/24/20		
	4/25/20	Vehicle Check	Lot N	4/25/20	3:03pm	Necessary Action Taken
	4/26/20	No Incidents To Report		4/26/20		
	4/27/20	No Incidents To Report		4/27/20		
	4/28/20	No Incidents To Report		4/28/20		
	4/29/20	No Incidents To Report		4/29/20		
	4/30/20	No Incidents To Report		4/30/20		

EDCT

Case #	Reported	Criminal Offense/ Calls for Service	Location	Date(s)	Time(s)	Disposition
	4/1/20	No Incidents to Report		4/1/20		
20-0239	4/2/20	Vandalism	1888 E Highland	4/2/20	8:46am	Report Taken
	4/3/20	Vehicle Check	1888 E Highland	4/3/20	3:12pm	Necessary Action Taken
	4/4/20	No Incidents to Report		4/4/20		
	4/5/20	No Incidents to Report		4/5/20		
	4/6/20	No Incidents to Report		4/6/20		
	4/7/20	No Incidents to Report		4/7/20		
	4/8/20	No Incidents to Report		4/8/20		
	4/9/20	No Incidents to Report		4/9/20		
	4/10/20	No Incidents to Report		4/10/20		
	4/11/20	No Incidents to Report		4/11/20		
	4/12/20	No Incidents to Report		4/12/20		
	4/13/20	No Incidents to Report		4/13/20		
	4/14/20	No Incidents to Report		4/14/20		
	4/15/20	Pedestrian Check	1888 E Highland	4/15/20	1:41am	Necessary Action Taken
	4/16/20	No Incidents to Report		4/16/20		
	4/17/20	Pedestrian Check	1888 E Highland	4/17/20	4:37pm	Subject Advised
	4/18/20	No Incidents to Report		4/18/20		
	4/19/20	No Incidents to Report		4/19/20		
	4/20/20	No Incidents to Report		4/20/20		
	4/21/20	No Incidents to Report		4/21/20		
20-0246	4/22/20	Vandalism		4/22/20	4:00pm	Report Taken
	4/23/20	No Incidents to Report		4/23/20		
20-0249	4/24/20	Vandalism	1888 E Highland	4/24/20	8:53am	Report Taken
	4/25/20	Pedestrian Check	1888 E Highland	4/25/20	11:07pm	Necessary Action Taken
	4/26/20	No Incidents to Report		4/26/20		
	4/27/20	No Incidents to Report		4/27/20		
	4/28/20	No Incidents to Report		4/28/20		
520-0253	4/29/20	Vandalism	1888 E Highland	4/29/20	3:53am	Report Taken
	4/30/20	No Incidents to Report		4/30/20		

SBVC

Case #	Reported	Criminal Offense/ Calls for Service	Location	Date(s)	Time(s)	Disposition
	4/1/20	Suspicious Person	Liberal Arts	4/1/20	1:00pm	Necessary Action Taken
	4/2/20	Suspicious Person	Art	4/2/20	2:59pm	Necessary Action Taken
	4/3/20	No Incidents to Report		4/3/20		
	4/4/20	No Incidents to Report		4/4/20		
	4/5/20	Incident	G Street	4/5/20	1:12pm	Necessary Action Taken
	4/6/20	No Incidents to Report		4/6/20		
	4/7/20	Suspicious Person	North Hall	4/7/20	12:03pm	Necessary Action Taken
	4/8/20	No Incidents to Report		4/8/20		
	4/9/20	Pedestrian Check	Lot 3	4/9/20	5:19pm	Necessary Action Taken
	4/10/20	No Incidents to Report		4/10/20		
	4/11/20	No Incidents to Report		4/11/20		
	4/12/20	No Incidents to Report		4/12/20		
	4/13/20	No Incidents to Report		4/13/20		
	4/14/20	No Incidents to Report		4/14/20		
	4/15/20	Suspicious Circumstance	Tech Building	4/15/20	8:17am	Necessary Action Taken
	4/16/20	No Incidents to Report		4/16/20		
	4/17/20	No Incidents to Report		4/17/20		
	4/18/20	No Incidents to Report		4/18/20		
	4/19/20	Pedestrian Check	Lot 4	4/19/20	3:34pm	Subject Advised
	4/20/20	Vehicle Check	Lot 5	4/20/20	7:57pm	Necessary Action Taken
20-0243	4/21/20	Suspicious Circumstance	Lot 2	4/21/20	11:26am	Citation Issued
20-0244	4/21/20	Suspicious Circumstance	Mission Drive	4/21/20	11:19pm	Report Taken
20-0245	4/22/20	Incident	Transportation	4/22/20	12:39am	Report Taken
	4/23/20	Suspicious Circumstance	Physical Science	4/23/20	8:42am	Necessary Action Taken
20-0248	4/23/20	Traffic Collision	Lot 4	4/23/20	9:09am	Report Taken
	4/24/20	No Incidents to Report		4/24/20		
	4/25/20	No Incidents to Report		4/25/20		
	4/26/20	Suspicious Person	Esperanza	4/26/20	2:43pm	Subject Advised
	4/27/20	Incident	Library	4/27/20	12:04pm	Necessary Action Taken
		Vehicle Check	Lot 5	, ,	_	Necessary Action Taken
	4/28/20	Vehicle Check	Lot 6	4/28/20	10:33pm	Necessary Action Taken

SBVC

Case #	Reported	Criminal Offense/ Calls for Service	Location	Date(s)	Time(s)	Disposition
	4/29/20	No Incidents to Report		4/29/20		
20-0254	4/30/20	Incident	Liberal Arts	4/30/20	9:38am Repor	rt Taken